

## NAZARETH CATHOLIC SCHOOL GROVEDALE

### Swimming Policy

#### Gospel Values

Justice  
Compassion  
Love

Truth  
Reconciliation  
Integrity

Respect  
Understanding  
Acceptance

Dignity  
Cooperation  
Tolerance

Openness  
Care  
Honesty

#### Policy

##### **Rationale:**

Swimming is an integral and essential part of the physical education program. Becoming a confident and competent swimmer is essential to student safety, as well as increasing opportunities for both leisure and sporting pursuits.

##### **Aim:**

To develop confident and competent swimmers who display the skills, knowledge and confidence required to enjoy swimming and other aquatic activities in safety.

##### **Implementation:**

- The school's annual swimming program will be organised and coordinated by the school's leadership team and will only involve the use of municipal and commercial swimming pools.
- A minimum of 2 staff members will be in attendance at all times.
- Staff members will have current CPR qualifications.
- Swimming instructors will be employed by the swimming pool. They must be AUSTSWIM qualified instructors and have a current police check.
- Programs will include a sequence involving swimming, water safety, survival techniques, rescue and emergency procedures.
- The swimming program will follow Levels 1-7 of the RLSSA Aquapass program, with student progress, achievement levels, reports and certificates being coordinated by and the responsibility of the Swimming instructors.
- The program includes all grade levels from Foundation to Year 6 with students participating in a week long intensive program, totalling a minimum of 200 minutes AUSTSWIM contact time
- Students in Middle Primary (3/4) and Upper Primary (5/6) will also participate in open water swimming based activities on top of the AUSTSWIM Program
- Surf Life Saving Victoria will support the delivery of the Open Water education component
- Parent helpers will only be able to assist their own child during change room supervision, as a result of Child Safe standards
- Parents must provide a completed and signed swimming permission form for their child to participate in the program, and staff associated with the swimming program are to be made familiar with medical histories of students and appropriate measures taken. Students with ear infections, throat infections, colds, and other contagious infections will not be permitted to enter the water until they have recovered.
- Costs associated with swimming programs is included in the student fee levy.
- The Childsafe 'Activity Risk Assessment Report' must be completed to address potential risks or hazards
- All Parent helpers must have passed a working with children's check and have a current Working with Children's Card to assist with any activity